

SARAH POLLOCK STUDIO

75 Greenmeadow Lane, Port Matilda, PA 16870; (814) 574 - 6799

www.sarahpollock.com

Supply List for Introductory Pastel Workshop on May 17, 2008

Welcome! During this introductory workshop we'll cover a variety of techniques for starting your pastel painting, we'll explore the materials available to artists today, and we'll go through any questions that you have about the pastel medium.

Shop around on the Internet to find the best prices for pastels and other art supplies. Some of my favorite online stores include the following:

- Jerry's Artarama: www.jerrysartarama.com
- Dick Blick: www.dickblick.com
- Cheap Joe's: www.cheapjoes.com
- ASW Express: www.aswexpress.com
- Dakota Pastels: www.dakotapastels.com
- EBay: www.ebay.com (sometimes you can find good bargains here)

Pastels

The more, the merrier. I recommend nearly any brand that is currently available except Nupastels, which are not lightfast. Some of my favorite brands of pastels include: Rembrandt, Girault, Schmincke, Unison, Sennelier, Terry Ludwig, Great American, Holbein, and Diane Townsend. If you are limited on funds, buy a broad assortment of Rembrandts (such as one of their sets of half sticks) and a set of "softer" pastels such as Schmincke or Great American pastels. You can do the workshop with this minimum combination of pastels, but it's better to have too many pastels than not enough.

Please note: Any paper wrapping on your pastel sticks must be completely removed before the workshop. Yes, really.

Paper

I recommend any textured pastel paper such as: Wallis paper (pro, Belgian grey, or museum), Art Spectrum Colourfix, Ersta, or LaCarte. Dakota Pastels offers a pastel paper sampler pack – this is a wonderful way to experiment with various brands and discover what works best for you. For this workshop, please bring your paper in an assortment of precut dimensions no larger than 11" x 14". You will need a total of at least four sheets of pastel paper. I recommend sizes such as 9" x 12", 8" x 12", 6" x 12", or 12" x 12".

Please note: I do not recommend Canson MiTeintes paper for this workshop.

Photographs

Bring several photos to use as source reference in case of inclement weather and we are forced indoors.

Pencils & Knife

Two 2B graphite pencils, sharpened and One X-ACTO knife to sharpen your pencils.

Brushes

One ½” bristle brush (to brush off pastel)

One bristle (1.5” wide) brush for diluting pastels with alcohol

Please don't bring expensive brushes for these purposes; something that you can pick up at the hardware store will be perfect for these purposes.

Rubbing alcohol & container

One bottle of rubbing alcohol for diluting pastels; a container to hold the alcohol.

Hand Cleaner

Bring one container of Wetwipes to clean your hands of pastel dust.

Painting Support

One smooth-surfaced large board (20”x 22”), like Masonite or Gatorfoam. You can have this cut to size at your local hardware store or framing shop. Use this board as a working surface to which you will secure your painting as you work.

Tape

One roll of 3M #2050 masking tape.

Easel & Pastel Table

One portable **sturdy easel**. One portable table to hold your pastels and other supplies.

Watercolors and Palette

For under painting and mixed media techniques. You do not need a broad assortment of colors – the primary colors (red, yellow, blue) and a couple of secondary colors will suffice.

Miscellaneous

If the weather is nice, we will be outside briefly. Please bring sunscreen and bug spray for this purpose. In addition, you may want an apron to protect your clothes. A hat or a visor. Bottled water to drink and mix watercolors. Paper towels.

Questions?

Email is the best way to reach me. Please feel free to contact me at sarahfpollock@yahoo.com.